



March 4, 2024

CWL DIOCESAN SPIRITUAL RETREAT

Saturday, March 9 at St. Patrick's church, 179 West St, Napanee – starting with Mass at 9:30 am
 Registration is now closed with **111 sisters** planning on attending this year's retreat. How wonderful is that! The Holy Spirit is on the move...

To assist with the arrival process, I suggest the following:

- Arrive by 9:15 if possible
- Park in the lot across the street from the church on Thomas St W
- Enter through the side hall entrance on Thomas St W (not the main church entrance)
- Check in with the registration desk, submit payment (if not prepaid), collect name tag
- Proceed to church (accessible via hallway indoors) for Mass at 9:30.

There will be a refreshment break around 10:30 – graciously provided by our CWL sisters from St Patrick's. Lunch is catered from the Blue Door Café in Napanee and consists of soup (choice of Beef Barley or Carrot Ginger) and a roll, followed by assorted cookies and squares.

The 3 part talk given by Father Stéphane, entitled 'Belonging to our Heavenly Father' will comprise of:

- 1) I am loved
- 2) I am saved
- 3) I am valued / I am missionary

Get ready for spiritual growth and sisterhood. Can't wait to RECONNECT!

Note: We are at capacity. If you have not registered, please do not just show up without contacting Mary Lou or myself before Friday. We will keep a waiting list and try to accommodate. At the same time, if you have registered and can no longer attend, please advise us as well.

DIOCESAN CONVENTION VIRTUAL AUCTION FUNDRAISER

Reminder – if you or your council are donating to our auction fundraiser, please bring your item to the retreat on March 9th in Napanee. If that doesn't work for you, contact Lyne to make other arrangements. Only items received can be included on the day of the auction.

Check out the items already uploaded: <https://www.32auctions.com/KingstonCWLauction2024>

Appreciate your support in this fundraising event.

102ND ANNUAL KINGSTON DIOCESAN CONVENTION

Are you joining us for the annual diocesan convention? Registration is open until April 1st.

Judy Fyfe of the St. Vincent de Paul Society of Kingston will be with us Sunday morning, providing an update on their new building project and the plan to assist with Mental Health issues by building community.

Don't forget to invite your Spiritual Advisors and retired priests serving in your parish to the closing Banquet – always a highlight of the weekend.

Hope you will be there!

SUNRISE MARIAN DISTRIBUTION - REMINDER

Michael Arsenault from Sunrise Marian Books informed us they will not be available for our convention this year as a vendor. He wishes everyone a great conference and in the meantime, is offering us a **15% discount** code on books, CD's, DVD's, and more. All regularly priced items or items on sale at 5% or 10% off on the site are included. Check out their store at www.sunrisemarian.com. To receive the 15% discount, CWL members can call **800-884-1171** and give the code **CWL2024** (they need to manually process the order to apply the discount). This will be honoured starting now until May 5, 2024.

IMPORTANT DATES

† CWL Diocesan Spiritual Retreat

- Saturday, March 9 at St Patrick's, Napanee

† Diocesan Convention Virtual Auction Fundraiser

- Saturday, March 16 from 8:00 am to 8:00 pm
- <https://www.32auctions.com/KingstonCWLauction2024>

† 102nd Annual Kingston Diocesan Convention

- April 27-28 at the Quality Inn and Conference Centre in Kingston
- Registration package: <https://kingston.cwl.on.ca/whats-going-on/conventions/>

† 77th Annual Ontario Provincial Convention

- July 7-10 at the Holiday Inn in Sudbury
- <https://cwl.on.ca/wp-content/uploads/2024/02/Information-and-Registration-Package-77th-Ontario-Provincial-Convention.pdf>

Questions are welcome and feedback is appreciated – please send to kingstondiocesancwl@gmail.com

God bless,

*Lyne Tuepah
President*

Kingston Diocesan Council of The Catholic Women's League of Canada