



The Kingston Diocesan Council of The Catholic Women's League of Canada

Spiritual Development

***Here I am, Lord, send me!
Go Make a Difference!***

Directive #4

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Date: February 5, 2024

To: Parish Council Spiritual Development chairs, Faith
From: Angela Town, Diocesan Spiritual Development
CC: Diocesan Executive, Provincial Spiritual Development

Attachments: Faith & Spiritual Development Online Resources 2023; Pilgrims of Hope 2025, The Jubilee Prayer

"I can do all things through him who strengthens me."
(Philippians 4:13)

I just want to take a moment to apologize for my absence from my position. I have been dealing with health issues and settling into my current job. Things seem to be finally coming together and I thank you all for your understanding and prayers. May God continue to Bless you all.

In February, the church celebrates the World Day for Consecrated Life (February 2nd), the World Day of the Sick (February 11th), and the beginning of the season of Lent on Ash Wednesday (February 14th). Planning the spiritual program for your monthly meeting can be done with these special days in mind. Why not invite your spiritual advisor or a consecrated woman religious to be a guest speaker at your meeting to share about their call to the religious life? What spiritual activity might your council lead during Lent in your parish?

In a continued spirit of ecumenism, councils may want to take the lead in ordering resources and inviting other Christian women to join in planning an event for the World Day of Prayer (March 1st). The ongoing war in the Holy Land is an occasion to pray for peace and to join "an ecumenical group of Palestinian Christian women [who] have prayed and reflected together over the past several years to respond to the invitation to write the 2024 program. Their theme is I Beg You... Bear With One Another in Love, based on Ephesians 4:1-7. This program calls us to bear with each other in love, despite all difficulties and oppression."

On the invitation of Pope Francis in preparation for Jubilee 2025, Catholics have begun an entire year devoted to prayer. The Holy Father reminds us, "... what better teacher could we have than our Holy Mother? Let us place ourselves in her school: let us learn from her how to live every day, every moment, every occupation with the inner gaze turned towards Jesus. Joys and sufferings, satisfactions and problems. All in the presence of and with the grace of Jesus, the Lord. All with gratitude and hope."

Respectfully submitted.