

January 22, 2024

Our Monday Message is back after a little Christmas season break. Happy New Year to all!

CWL WINTER PRESIDENTS MEETING

All parish presidents should have received the 'Call to Meeting' notification for our **winter meeting** on **Saturday, February 10th at Our Lady of Lourdes hall** at 490 Days Rd in Kingston. Please make every effort to attend or send a representative. We have a budget to pass, a retreat to sign up for, convention updates to provide and a special guest joining us to present a Leadership workshop. You don't want to miss it!

CWL DIOCESAN SPIRITUAL RETREAT

Our annual Spiritual Retreat will be held on **Saturday, March 9th at St Patrick's church in Napanee**. Father Stéphane will lead us once again this year in a 3 part talk on **'Belonging to our Heavenly Father'.** All members in the Kingston Archdiocese are invited and encouraged to attend. Registration will be required; cost is \$10 and includes lunch. Details coming soon.

102nd ANNUAL KINGSTON DIOCESAN CWL CONVENTION

Mark your calendars to attend: the **2024 convention will be Saturday, April 27 and Sunday, April 28** at the **Quality Inn and Conference Centre**, 33 Benson St in Kingston. Our planning is well under way and our host council, St Peter's in Trenton is working hard to get everything ready. **Registration packages** will be ready for distribution by the winter meeting. By now, each council should have received a package via Canada Post with the **raffle tickets** we ask you to sell. Please return all tickets, <u>preferably sold</u>, to our host council at the winter meeting on February 10th. Your Diocesan Council will be again hosting a **Silent Virtual Auction** to assist with costs. If your council is in a position to help, we ask for a donation of **1 item, new, value** \geq **\$50**. If you prefer, we will accept cash and purchase gift cards to include in the auction. You can bring your item to the winter meeting for collection. The auction will take place in April.

THE "1" CAMPAIGN

January's focus: "Make a Difference"

Last month, members celebrated the incredible season of joy. The greatest story ever told began with **one** courageous young woman named Mary who said "Yes." **One** God that became **one** man, Jesus, who would change the world. He is the perfect example of the power of **one**. Being a disciple of God does not mean members have to change the world, but they can make a difference, **one** member at a time. **One** thing, **one** act of kindness, friendship or even a simple gesture of **one** smile can touch someone. Reach out to a member who lives alone or invite a woman from your parish to a meeting. You never know when you can "make a difference" in someone's life. Kindly encourage members to use this promotion.



NATIONAL THEME UPDATE

Excerpt from Shari Guinta, National President's communiqué #3 (full note can be found here: <u>https://www.cwl.ca/communique-03-national-president/</u>)

"...move into two years of the new theme, Here I am Lord, send me.

The theme will be introduced in the winter issue of The Canadian League, which will include a prayer card for members' use. I hope this theme will encourage members to listen to the call of the Lord and serve where they can, as they feel called and with the gifts God generously gives to them. After discussion and discernment at the national executive/board meeting in November 2023, a **focus on mental health** was decided upon. All board members gave input from experience in every province and the military ordinariate regarding the crisis of mental illness in Canada. Mental health issues affect everyone, and there are so many areas that this condition contributes to, such as violence, spousal abuse, homelessness, unemployment and much more.

Councils are encouraged to investigate the theme and discern where they are being called to serve in this area..."



ANNUAL SURVEY UPDATE

Thanks to every council who took the time to answer the 2023 annual survey. 70% responded – that's a record number this time around. Well done! If you missed the deadline but would still like your input recorded in our Diocesan Annual Report Book, please contact us for the question template and you can return it to us by January 31st to be included in our history.

Feedback is appreciated – please send to kingstondiocesancwl@gmail.com

God bless Lyne Tuepah President Kingston Diocesan Council of The Catholic Women's League of Canada

P.S. On a personal note, I want to thank all my sisters who extended their sympathies on the loss of my brother in law, Gerard Tuepah. Dale & I are most grateful for the support you provided.