

# **Prayers of the Most Holy Rosary**

## **Apostles' Creed**

I believe in God, the Father Almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary,

suffered under Pontius Pilate, was crucified, died and was buried.

He descended into hell; on the third day He rose again from the dead;

He ascended into heaven, and is seated at the right hand of God the Father Almighty.

from there He will come to judge the living and the dead.

I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

#### **Our Father**

Our Father, who art in heaven, hallowed be Thy name: Thy kingdom come: Thy will be done on earth as it is in heaven.

Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

> Favourite of: Julia Murphy, Holy Name of Mary, Marysville

#### **Hail Mary**

Hail Mary, full of grace, the Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

Amen

Favourite of: Julia Murphy, Eileen Kennelly, Patricia Roach & Louise O'Sullivan, Holy Name of Mary, Marysville

## Glory Be to the Father

Glory be to the Father, and to the Son and to the Holy Spirit.

As it was in the beginning, is now and ever shall be, world without end.

Amen.

#### **Fatima Prayer**

O my Jesus, forgive us our sins, save us from the fires of hell. Lead all souls to Heaven, especially those who are in most need of Thy Mercy. Amen.

> Favourite of: Cathy Borg, Sacred Heart of Jesus, Bedford

#### Hail, Holy Queen

Hail, Holy Queen, Mother of Mercy! Our life, our sweetness, and our hope!

To thee do we cry, poor banished children of Eve.

To thee do we send up our sighs, mourning and weeping in this valley of tears.

Turn then, most gracious Advocate, thine eyes of mercy toward us, and after this,

our exile, show unto us the blessed fruit of thy womb, Jesus.

O clement, O loving, O sweet Virgin Mary! Amen.

Pray for us O Holy Mother of God. That we may be made worthy of the promises of Christ.

> Favourite of: Louise Hogan, St. Paul the Apostle, Kingston

#### Let us pray:

O God, who by His only begotten Son, and by His life, death and resurrection,

has purchased for us the rewards of eternal life.

Grant we beseech thee that by meditating upon these mysteries

of the Most Holy Rosary of the Blessed Virgin Mary.

That we may imitate what they contain and obtain what they promise.

Through the same Christ, Our Lord.

Amen.

May the Divine assistance remain always with us. Amen.

And may the souls of the faithful departed, through the mercy of God, rest in peace.

Amen.

"The Rosary is my go-to prayer when I feel stressed and worried. Either at night or sometimes early in the morning, I recite the Rosary and read the meditation for each mystery. After visiting the Holy Land, the meditations become very real to me, and I can visualize the Joyful, Luminous, Sorrowful and Glorious life of Jesus. The repetition of the prayers brings peace and a sense that everything will be ok."

Marilyn Murray, St. Patrick's, Napanee

## The Joyful Mysteries (Monday & Saturday)

- 1. Annunciation (for the love of humility)
- 2. Visitation (for charity towards my neighbour)
- 3. Birth of Jesus (for the spirit of poverty)
- 4. Presentation (for the virtue of obedience)
- 5. Finding of Child Jesus in the Temple (for the virtue of piety)

# The Sorrowful Mysteries (Tuesday & Friday)

- 1. Agony in the Garden (for true contrition for sin)
- 2. Scourging at the Pillar (for the virtue of purity)
- 3. Crowning with Thorns (for moral courage)
- 4. Carrying of the Cross (for the virtue of patience)
- 5. Crucifixion (for final perseverance)

## The Glorious Mysteries (Wednesday & Sunday)

- 1. Resurrection (for the virtue of faith)
- 2. Ascension (for the virtue of hope)
- 3. Descent of the Holy Spirit (for the virtue of love)
- 4. Assumption of the Blessed Virgin Mary (for a happy death)
- 5. Coronation of the Blessed Virgin Mary (for eternal salvation)

# The Luminous Mysteries (Thursday)

- 1. Baptism of Jesus (for submission to God's will)
- 2. Wedding Feast at Cana (for devotion to Mary)
- 3. Proclamation of the Kingdom of God (for the grace of conversion)
- 4. Transfiguration (for holy fear of God)
- 5. Institution of the Holy Eucharist (for thanksgiving to God)

## **Prayers of the Divine Mercy Chaplet**

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world.

O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.

O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in You!

Our Father, Hail Mary and the Apostle's Creed

Eternal Father, I offer you the Body and Blood, Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ, in atonement for our sins and those of the whole world.

For the sake of His sorrowful Passion, have mercy on us and on the whole world.

Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself.

Jesus, I trust in You.

Favourite of: Julia Murphy, Holy Name of Mary, Marysville

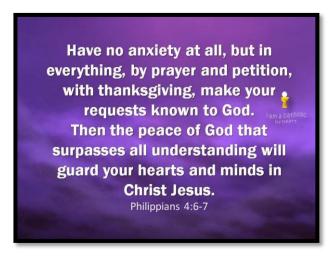
## **My Daily Morning Offering**

Fr. François Xavier Gaulrelet (1807-1886)

O Jesus, through the Immaculate Heart of Mary, I offer thee my prayers, works, joys, and sufferings of this day, for all the intentions of Thy Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, for the salvation of souls, the reparation of sins, the reunion of all Christians, and in particular for the intentions of the Holy Father this month.

Amen.

Favourite of: Margie Peters, St. Patrick's, Napanee St. Patrick / St. Mary Council, Railton / Odessa



Favourite of: Bernadette Burgess, Life Member, St. Patrick, Lansdowne

## **Morning Offering**

Almighty Father, You have so loved the world that You sent Your son to save us.

You have poured Your Spirit into our hearts that we may be witnesses united to Your son.

All good comes to us through the life, death and resurrection of Your son;

All praise comes to You through the same mystery of Jesus Christ.

At the beginning of this day, I offer You every thought, desire, word and action.

Through the merit and power of Your son, I consecrate myself to do Your will today.

Fill me with Your Holy Spirit so that I may keep this resolution, that I may avoid all sin, and that I may be what You have called me to be:

The light of the world and the salt of the earth. Amen.

Favourite of:

Marilyn Landriault, St. Mary's, Carleton Place

#### **Prayer for This Day**

God Our Father, open our eyes to see Your hand at work in the splendour of creation, in the beauty of our human life.

Touched by Your hand our world is holy.

Help us to cherish the gifts surrounding us, to share Your blessings with our brothers and sisters, and to experience the joy of life in your presence this day. Amen.

> Favourite of: St. Patrick / St. Mary Council, Railton / Odessa

## **A Morning Prayer**

God of my life, I welcome this new day.

It is Your gift to me, a new creation, a promise of resurrection.

I thank You for the grace of being alive this morning.

I thank You for the sleep that has refreshed me.

I thank You for this chance to make a new beginning.

This day Lord, is full of promise and opportunity; let me waste none of it.

This day is full of mystery and the unknown; help me to face it without fear or anxiety.

This day is blessed with beauty and adventure: make me fully alive to it all.

During this day keep me thoughtful, prayerful and kind.

May I be courteous and helpful to others, and not turned in on myself.

Keep me from any word that would hurt, or belittle, or destroy; and may the thoughts of my mind be pleasing in Your sight.

When night comes again, may I look back on this day with no grievance or bitterness in my heart; and may nobody be unhappy because of anything I have done or anything I have failed to do.

Lord, bless this day for me and for everyone.

Make it a day in which we grow to have the mind of Christ, your Son.

Lord Jesus Christ, friend and brother, may we know You more clearly, love You more dearly, and follow You more nearly, day by day.

Amen.

Favourite of: Colleen Hill, St. Gregory the Great, Picton

## **Prayer Before Sleep**

Dear God, as I lay me down to sleep, relax the tension of my body; calm the restlessness of my mind; still the thoughts which worry and perplex me.

Help me to rest myself and all my problems in Your strong and loving arms.

Let Your Spirit speak to my mind and heart while I am asleep, so that, when I wake up in the morning, I may find that I have received in the nighttime, light for my ways; strength for my tasks; peace for my worries; forgiveness for my sins.

Grant me sleep tonight, and tomorrow power to live. Amen.

Favourite of: Linda Collier, St. Francis De Sales/Blessed Sacrament, Smiths Falls/Lombardy

## Good Night, O Lord

Before I go to sleep, O Lord, I want to say this prayer. That You will always keep me in Your kind and loving care. That You will let my body rest and let my mind relax; and fill my dreams with holy thoughts instead of worldly facts. I ask that You forgive me for my failures of today and give me all the grace I need to live a better way. Watch over me tonight O Lord and in my heart instill the fervour and constancy to do Your Holy Will. I want to follow You and grow more worthy in Your sight. O Lord, please listen to my prayer and hear me say good night.

Favourite of: Colleen Krasna, St. Joseph, Kingston