

## *Objects of the League - a Spiritual Perspective*

### **4. to protect the sanctity of human life.**

St. Augustine of Hippo, called the Doctor of Grace, said, "By loving your neighbour and caring for your neighbour, you make progress on your journey. Where is your journey, if not to the Lord God, to Him whom we must love with all our heart, and with all our soul, and with all our mind? We have not yet reached the Lord, but we have our neighbour with us. So then, support him with whom you are traveling so that you may come to Him with who you long to dwell." How better to support the most vulnerable than to make a stand for the sanctity of life in all its stages, throughout its natural journey?

The *Catechism of the Catholic Church* links our faith to the belief in the miracle of life. "Nothing is more apt to confirm our faith and hope than holding it fixed in our minds that nothing is impossible with God. Once our reason has grasped the idea of God's almighty power, it will easily and without any hesitation admit everything that [the Creed] will afterwards propose for us to believe - even if they be great and marvellous things, far above the ordinary laws of nature."

We are called to respect life, to honour it and to preserve it. We are called to overcome all forms of discrimination so the face of Christ is seen and respected in all human beings. It is up to each one of us to help others experience again a sense of the sacred dignity of each human person.

#### **Discuss:**

- a) What can we do, one person at a time, to ensure that God's precious gift of human life has a chance?
- b) How do our actions or reactions define us?