

The Kingston Diocesan Council of The Catholic Women's League of Canada

Spiritual Development

One Heart, One Voice, One Mission

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To: Parish Council Spiritual Development Chairpersons
From: Margie Norwood, Spiritual Development
CC: Diocesan Executive, Provincial Spiritual Development Chairperson, Parish Presidents

"We can do no great things, only small things with great love." Saint Teresa of Calcutta

Spiritual Growth of Members

The growth of our members depends on their prayer life. We must be like Saint Mother Teresa, "Spread love everywhere we go". First of all, in our own house... let no one ever come to you without leaving better and happier. Be the living expression of God's kindness; kindness in your face, kindness in your eyes, kindness in your smile.

Lay Ministers

We must encourage our young people to take part in all activities within our church. We need to mentor them, be there for them, ask about their families and smile. "We can do no great things, only small things with great love." If you judge people, you have no time to love them.

Our Mission to Evangelize and Ecumenism

Host an interfaith project or participate with other churches in your area. Host an evening where members can watch Fr. James Mallon's talk from the national convention in Halifax this summer and discuss ways your council can move from maintenance to mission!

From: Annual National Convention News – Barbara Dowding

"We talked this year about the door of mercy and how open doors signify welcome, shelter, comfort and often a passageway to a better place. We acknowledged how closed doors, shut tight in fear or anxiety, present obstacles, barriers and a sense of foreboding, creating even more doors and higher walls. I believe we, the League, have been working hard to change things. By knocking on closed doors and opening them wide, we will welcome more and more to come in. Like the early church, we are to look outward, ensuring no one is in want, whether physical, spiritual or in any other way. We are called to be more welcoming in our parishes, to share the good things we have and to invite those who may not always be invited. Like Pope Francis does, how can we do any less? Without judgment, he says."

Do what you do with joy and smile at everyone you meet – pray for all who are suffering and always remember that "a smile is the beginning of love".

Respectfully submitted.