



**The Kingston Diocesan Council of  
The Catholic Women's League of Canada**

***One Heart, One Voice, One Mission***

**Directive#1**

**Date:** October 24, 2015

**To:** Parish Council Spiritual Development Standing Committee Chairs

**From:** Shelly Murphy, Diocesan Spiritual Development Standing Committee Chair

**CC:** Diocesan Executive, Provincial Spiritual Development Standing Committee Chair

---

Welcome to all Spiritual Development Committee Chairpersons, some of you are returning to the second half of your term and some are like me, starting in a new position on our councils. I am looking forward to working with you.

Pope Francis has designated the year 2016 as "Holy Year of Mercy". Each Diocese has been tasked with the project around this theme. We have been asked to do a study of the life of a Blessed named under the pontificate of Pope Francis, (we have been given Blessed Klara Ludwika Szczesna) and how, in our works in the league, we can emulate her life through the spiritual and corporal works of mercy. Our Annual Retreat is centered around this plan.

Always remember we are Women rooted in gospel values.

Remember what our duties are as Spiritual Development Chairs:

- Spiritual growth of members
- Study of Catholic Teachings
- Roll of women in the Church
- Evangelization and mission assistance
- Lay ministries
- Ecumenism and interfaith endeavours

Colleen Martin, Provincial Spiritual Development Chair, reminds us to take advantage of past directives, as well as our Executive Handbook to familiarize yourself with your new duties. She has recommended both the National and Provincial websites for prayer resources and has also recommended to google "Upper Room House of Prayer". This is a website based out of Ottawa and can assist you when you need of ideas or prayers. Colleen has suggested that over the next two years, will see ourselves exploring our profession of faith and exploring new ways for simple prayer.

May Our Lady of Good Counsel guide and support us as we journey together in one faith professed with one heart, one voice and one mission.

Your sister in Christ,

Respectfully submitted,  
Shelly Murphy