



The Kingston Diocesan Council of The Catholic Women's League of Canada

Education and Health

Care for our Common Home

Directive #4

Pages: 3

Date: February 9, 2019

To: Parish Council Education and Health Chairs

From: Wilma Turcotte, Diocesan Education and Health Chair

CC: Diocesan Executive, Provincial Education and Health Chair

Attachments: Report: Putting Care into Mental Health Care

"We know that all things work together for good for those who love God."
(Romans 8:28)

We are now in the second month of a new year I wish you a holy and blessed year. Welcome to all new Parish Council executive members.

Education

The National Bursary fund has made changes effective in 2019. United States courses may be pursued if the program is not available in Canada. This may give more members the opportunity to apply for the national bursary.

Plastic waste continues to be a major environmental concern. At the G7 Summit meeting, the *Oceans Plastic Charter* was signed by leaders of Canada, France, Germany, Italy, the United Kingdom and the European Union. These countries are committed to a more sustainable and resource efficient approach to the management of plastics. Visit <https://g7.gc.ca/en/official-documents/charlevoix-blueprint-healthy-oceans-seas-resilient-coastal-communities/#a1> for more information. Each of us can do a small part – bring your own reusable water bottle and bring your own shopping bags, these are small things we can do.

Health

Senator Yvonne Boyer is asking for a study on indigenous women that have been coerced into sterilization. New research shows that forced sterilization of Indigenous women is still happening based on reports from Alberta, Saskatchewan, Manitoba and Ontario and other territories. Tubal ligations have been carried out on unwilling Indigenous women. A class action lawsuit against the Saskatoon Health Region on behalf of two women affected by this. Since this lawsuit began in 2017, 60 women have joined the claim. The law firm representing these women raised the issue of these women at the *UN Committee Against Torture* in November. They are also calling on the

Federal government to appoint a special representative to hear from Indigenous women who have had forced sterilization.

Did you know that the league is a supporter of the Canadian Blood Services Partners for Life program? New and regular blood donors are asked to consider registering for the program under the League's partner identification number (CATH011269). Visit www.blood.ca/joinpartnersforlife for more information.

211.ca – Canada's primary source of information on government and community-based health and social services to deal with life's challenges. This site is available 24 hours a day, 7 days a week, in over 100 languages.

The following is from a presentation made by Paul Holyoke and Barry Stephenson on Organization-level principles and practices to support spiritual care at the end of life: a qualitative study.

The Nine Principles

Foundational principles that influence the organization of spiritual care:

1. Quality spiritual care incorporates the spiritual into every other aspect of hospice palliative care such that the spiritual is not merely a part or element of care, but rather a descriptor of the kind, nature and quality of all care.
2. More profoundly than in any other area of care, quality spiritual care is guided and directed by the dying person and the family.
3. Hospice palliative care is fundamentally a vocation, and the work is inherently spiritual.

Principles that enable a high-quality approach to spiritual care by care providers:

4. Quality spiritual care requires care providers to allow spiritual questions and issues to emerge.
5. Quality spiritual care entails the act of 'witnessing'.
6. Quality spiritual care considers place as sacred.

Principles that enable the spiritual care practices for care providers:

7. Quality spiritual care includes rituals and times dedicated to marking transitions and processing experiences.
8. Quality spiritual care involves creating and sustaining relationships beyond those typical between co-workers.

9. Quality spiritual care emphasizes the role of volunteers whose presence and work reinforces and ensures that hospice palliative care is grounded as vocational and spiritual.

Attached is information which I received from Wilma Vanderwzaag, Ontario Provincial Council, Education and Health Chairperson on Putting Care into Mental Health Care.

Information above was from OPC Directives 12 and 13.

Respectfully submitted.