



**The Kingston Diocesan Council of  
The Catholic Women's League of Canada**

**Spiritual Development**

***One Heart, One Voice, One Mission***

**Directive #2**

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**Date:** February 13, 2016

**To:** Parish Council Spiritual Development Standing Committee Chairperson  
**From:** Shelly Murphy, Diocesan Spiritual Development Standing Committee Chairperson  
**CC:** Provincial Spiritual Development Standing Committee Chairperson

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***"Do not ask God to guide your footsteps if you are unwilling to move your feet."***  
-Anonymous

As you go about your works of mercy emulating the virtues of our chosen Blessed, Sister Klara, who showed to us through her example of fearful love and humility the intentions of the most Sacred Heart of Jesus.

Keeper of the Book of Life: There has been some confusion as to who reports to whom with our deceased sisters' names. Elizabeth Bortolussi has asked that we return to the previous method to hopefully eliminate confusion. Each quarter, the Diocesan Spiritual Development Chairs should report all deceased members to the Provincial Spiritual Development Chair. So please forward on to me, the deceased members of your councils, so I can in turn, pass them on to provincial. The Provincial Spiritual Development Chair will pass the information on to the Keeper of the Book of Life (currently Elizabeth) who will then ensure the accuracy of the national list she receives.

Lent is not that far away: Ash Wednesday, February 10. Share with your council members the news that searching, "Best Lent Ever – Dynamic Catholic" on the internet will bring you to a page to sign up for a daily video message, that will make this Lent the **Best Lent Ever!**

There will be a televised mass in honour of the Feast of Our lady of Good Counsel on Thursday April 21, 2016. It will be taped at Loretto Abbey in Toronto and will air on Vision TV April 26, 2016. Make a point to watch this special mass.

Colleen Martin, our Provincial Spiritual Development Chair, has suggested several novels that you may be interested in reading, during the Year of Mercy.

- 1/ Open the door A journey to true self, by Joyce Rupp
- 2/ The Lesson of St Francis: How to bring Simplicity and Spirituality into your daily life
- 3/ Listen to Your Blessed Mother, by Gary Zimak

As we journey together through Lent and the celebration of Easter with one heart, one voice and one mission: keep in mind Prayer and then Action.

May our Lady of Good Counsel be with us in all endeavours.

Your sister in Christ,

Shelly Murphy  
Spiritual Development Chairperson