



## Kingston Diocesan Council Community Life – Directive #1

### *Care for our Common Home*

#### **Directive #1**

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**Date:** November 2, 2019

**To:** Parish Council Community Life Standing Chairpersons

**From:** Karen Mulvihill, Kingston Diocesan Community Life Chairperson

**CC:** Diocesan Executive, Provincial Community Life Chairperson

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**Attachment:** Quick Start – Reference Guide for Community Life Standing Chairpersons

*Life is a place of service, where one sometimes has occasion to put up with a lot that is hard, but more often to experience many joys. – Leo Tolstoy*

Dear Sisters in the League,

Welcome to all incoming or returning Community Life Chairpersons. This is my first time in the role of Community Life Chairperson. I would encourage all Community Life Chairpersons to have a sub-committee of at least one person to make the role manageable. I have served as a parish president and am currently the past president and historian at Our Lady of Lourdes Parish in Kingston. My biography can be found on the Kingston Diocesan website.

My interest in the Community Life Standing Committee was sparked when I participated in a mission trip to the Dominican Republic with my nephew in 2000. I continue to be involved with supporting students from Holy Cross Catholic Secondary School, who participate in our annual mission trip to Kingston Jamaica.

#### **Dignity and Rights of Persons**

Our Provincial Community Life Chairperson, Mary Capobianco, has suggested we initiate the following project for all Parish Community Life Standing Committees across the province as a way to combat loneliness and isolation among all members of society. The following is taken from Mary Capobianco's directive of September 1, 2019.

#### ***The C.A.R.E. Connection Project.***

**C - Communicate** - Reach out to someone. It starts with a simple *Hello*

**A - Act** - Do something! Don't just think about doing it or don't wait. Just do it!

**R - Respect** - Respect people's situation. Don't judge. Be aware of their boundaries.

**E - Engage** - You just need to take that first step to make a world of difference to someone.

"The ways to address this project may look very different, depending on the needs of your council, parish and community. Some of the councils and parishes may already have something in place to address the issue of loneliness and isolation. If so, I would love to hear from you so we can all share the ideas. Please email me and let me know.

- \* How does your council keep in touch with those members that can't attend meetings or attend regular Mass? How do you communicate with them?
- \* Does your council have a telephone committee?
- \* Does your parish have a Caring Ministry; a hospitality committee or greeters?
- \* Does your parish have a youth group; a craft circle, a mom and tots group?
- \* Do you have a group that visits shut-ins, nursing homes etc.? "

I also wish to hear your responses to the C.A.R.E Connection Project. Please email me, and I will pass our collective diocesan responses to our Ontario Provincial Council.

### **Social and Economic Justice**

Offering to support a local food bank through donations of items, or volunteering in a local soup kitchen are ways your council members can reach out to the community in a positive way.

### **Refugees, Immigration and Citizenship**

With Remembrance Day around the corner, encourage your league sisters to consider attending a local ceremony and laying of wreaths to commemorate this meaningful day in our National history.

### **Canadian Catholic Organization for Development and Peace (CCODP) and Developing Countries**

By visiting the website [www.devp.org](http://www.devp.org) you can sign up to receive the e-newsletter from Development and Peace Caritas Canada. This will keep you up to date on information items that may be of interest to your council.

Respectfully submitted