



## The Kingston Diocesan Council of The Catholic Women's League of Canada

### Spiritual Development

***Inspired by the Spirit, Women Respond to God's Call***

#### **Directive #4**

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**Date:** February 11, 2017

**To:** Parish Council Spiritual Development Chairs  
**From:** Margie Norwood, Diocesan Spiritual Development Chair  
**CC:** Diocesan Executive, Provincial Spiritual Development Chair

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**"Inspired by the Spirit - Women Respond to God's Call"**

**"You must seek me in yourself"**

[St. Theresa of Avila]

God has called us as women in our church to be compassionate and loving as His Mother Mary and Grandmother Ann were. We have been given great examples to follow.

Pope Francis said "Please, do this: each day a passage of the Gospel, a small one — three, four, five minutes". It is precisely by reading it that the Gospel is understood, "and this works within: it is the Holy Spirit who then does his work. This is the seed. It is the Holy Spirit who makes the seed sprout and grow".

Verna Lynn Bergeron - Life Member – Kapuskasing: "Let's receive inspiration from the Holy Spirit, by delving into our Catechism of the Catholic Church".

These were taken from chapter 3 of the Catechism:

- "God is Love" and love is his first gift, containing all others. "God's love has been poured into our hearts through the Holy Spirit who has been given to us. All of us who have received one and the same Spirit, that is, the Holy Spirit, are in a sense blended together with one another and with God."
- "Because you are sons, God has sent the Spirit of his Son into our hearts, crying, 'Abba! Father!' The Holy Spirit, whom Christ the head pours out on his members, builds, animates, and sanctifies the Church."
- The practice of all the virtues is animated and inspired by charity, which "binds everything together in perfect harmony" - The fruits of charity are joy, peace and mercy; the seven gifts of the Holy Spirit are wisdom, understanding, counsel, fortitude, knowledge, piety, and fear of the Lord.

## **Keeper of the Book of Life**

Shelly and I have been reporting to Liz Bortolussi and trying to keep everything up to date. It is important that you forward on to me or Shelly, the deceased members of your councils so that we can ensure the accuracy of the national list.

A member from Belleville suggested the book "Spiritual Doctrine of Blessed Elizabeth of the Trinity", Romans 8:16. The Spirit Himself testifies with our spirit that we are God's children.

As we journey through this season of Lent, let us contemplate the wonder of God, the glory of his creation, and the joys of the Spiritual life we have been given.

Respectfully submitted.