



**The Kingston Diocesan Council of
The Catholic Women's League of Canada**

Education and Health

One Heart, One Voice, One Mission

Directive #3

Pages: 2

Date: October 22, 2016

To: Parish Council Education & Health Chairs
From: Maureen Laurin, Diocesan Education & Health Chair
CC: Diocesan Executive, Provincial Education/Health Chair, Parish Presidents

Catholic Education has existed in Ontario since the 19th century. We must continue to support the Catholic School system if we wish to maintain it as a viable part of our communities. We have two school boards in our region. The western part of our Diocese is served by the Algonquin and Lakeshore Catholic District School Board, which extends from Trenton to Kingston. The Catholic District School Board of Eastern Ontario represents the eastern part of our Diocese, stretching from Gananoque to the Quebec border.

The website *rightbyyou.ca* has resources for teen mental health issues including a free guide and a video. An article in the April issue of the *Canadian Living Magazine* by *Jill Buchner* featured 7 digital sources to assist with mental health issues.

Hospice and palliative care pledge cards are available from our National Office. The cards state the corporal and spiritual works of mercy and list suggestions which an individual or council may follow to complete a project of their choice. Members are asked to fill out one and return it to our Winnipeg office by the end of October 31, 2016. These cards will then be sent to Pope Francis stating the Works of Mercy that have been accomplished by the Catholic Women's League in Canada in 2016.

Two of the five resolutions approved at our National Convention held in August in Halifax, N. S. relate to the Education and Health convenorship:

1. 2016.02 - Eating Well with Canada's Food Guide
2. 2016.03 - Warning Labels on Food and Drug Products for all Inactive Substances and Addictives

Two resolutions were passed at the Ontario Provincial Convention held in Stratford in July that relate to Education and Health.

1. ON.16.01 - Enhance the Canada Health Act to include Home Care
2. ON.16.03 - Expand the Nutrition North Canada Program to include All Communities Accessible Only by Air

The Catholic Register has numerous articles on health and education issues which can be accessed on line at *catholic register.org*.

Fran Lucas is our new National Chairperson of Education and Health having been elected at the National Convention in August. Colleen Randall is our Provincial representative and I look forward to working with both these ladies in the coming year.

The Catholic Women's League is petitioning the government that health care professionals and health care institutions have the right to refuse in medically induced deaths.

Respectfully submitted.